



Seton House

Temporary Housing for Single
Mothers

Seton House Mission Statement

Seton House seeks to provide safe, temporary housing for single mothers, empowering them with tools to help change the trajectory of their lives. We intend to cultivate a compassionate environment where mothers can focus on personal development, while learning life skills to sustain a positive and productive lifestyle for themselves and their children.



Seton House Program Overview

- Seton House will provide safe and secure temporary housing for nine mothers with up to two children, under the age of 10 facing homelessness
- Program will provide mandatory life skills training classes every week for all mothers in the program
- Families will receive up to six months of services, during this time moms are required to work closely with case manager to work towards accomplishing both individual and program goals
- Mothers will also receive mental health services in weekly group therapy sessions, as well as weekly individual counseling
- A Case Manager will assist in providing mothers with various community linkages on the mothers' path to achieving long term employment and permanent housing
- Mothers who have been victims of domestic violence or substance abuse will be able to participate in support groups directly related to those areas
- Mothers will have access to a computer lab to assist with employment and housing searches

Seton House Program Objectives and Advantages

- Mothers will develop necessary life skills to enter into permanent housing
- Reduce physical and sexual violence against homeless mothers
- Reduce recidivism among homeless mothers

- Same-gender services
- Parenting Skills
- Education
- Mental Health Services
- Safe and secure temporary housing

Seton House Updates

- Welcoming first family June 1
- Case manager start date April 20
- Kitchen renovations to begin at the end of April
- Children's playroom is fully furnished
- Multi-purpose room has been painted, new table and chairs are being ordered, and new flooring will be installed in May
- Resident rooms have been designed, and furniture is currently being ordered

Seton House Services

- Seton House residents will be living on campus at Maryvale in individual rooms equipped with full private bathrooms
- Residents will have access to admission in Maryvale's Early Education program for eligible children
- Residents will have the opportunity to participate in various activities such as: art therapy, yoga, financial literacy seminars, parenting training, gardening, Mommy and Me classes, cooking classes, creative writing, and more
- Residents will have access to mental and physical health services, for mothers and children
- Meals will be provided to families while in the program, but residents will also have access to a fully furnished shared kitchen space, as well as their own personal fridge in their rooms
- Residents will be able to comfortably address self esteem issues, past traumas, and abusive situations in a same gender environment
- Residents will participate in various social activities sponsored by Maryvale

Seton House Contact Information

- Seton House Webpage <https://www.maryvale.org/seton-house>
- Seton House Program Manager
 - Crystal Overstreet (626) 537-3305 coverstreet@maryvale.org